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ROOT is a nutritional supplement company whose mission is to support and increase global wellness.

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You can start with any of the products depending on your needs. Most people begin with our flagship detoxification product Clean Slate and progress to the Trinity Pack (Clean Slate, Zero-In, and Restore) and, in addition, add the ReLive Greens and Natural Barrier Support.

As you know, everyone is unique and has different requirements to maintain their health. The products are designed to work as a stand-alone or synergistically and can be tailor-made to your specific needs. They can be taken any time of the day, on an empty stomach or with food. It is important to listen to your body to decide what works best for you.

We do not give any medical advice or make any claims. You should always check with your health professional before starting any supplementation. We suggest taking the products 2-4 hours before or after prescribed medication and other supplements.

Remember: When taking Clean Slate, drink plenty of water to keep yourself hydrated.

# Medical Disclaimer

The information provided is for educational purposes only and is not intended as medical advice or a substitute for the medical advice of a physician or other qualified health care professionals. This information is not to be used for self-diagnosis. Always consult your doctor for medical advice or information about diagnosis and treatment.

Statements have not been evaluated by the Food and Drug Administration (FDA). These products are not intended to diagnose, treat, cure, or prevent any disease. ROOT is a company founded on improving people's understanding of how toxins and chemicals can harm your health. Instead of focusing on symptoms, ROOT targets the underlying root cause with natural wellness.



# Foundational Products



# Clean Slate Ingredients

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Ingredients in Clean Slate: Bioavailable silica (orthosilicic acid) vitamin C, and trace minerals.



# Clean Slate: What is it?

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- Clinoptilolite acts as a molecular sieve designed explicitly for heavy metals, for example, mercury, lead, arsenic, viral particles, and others such as glyphosate, agent orange, and depleted uranium.
- As Clean Slatess passes through the body, it binds to toxins, heavy metals, allergens, viral and bacterial particles, and other harmful substances. The cage-like structure of Clean Slate allows for passive elimination from the body through urine.
- Clean Slate is a proprietary formulation utilizing multiple patent-pending technologies and trade secrets of bioavailable silica, vitamin C, and trace minerals. The utilization of these processes and techniques assists the formula to be more efficacious.



# How to take Clean Slate

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- Take orally or in a glass of water.
- Start slow with 1-2 single drops twice daily for the first couple of days.
- Increase to 3-4 drops twice daily, building up to the recommended dosage of 10 single drops twice daily.
- Reduce the dosage if detoxification becomes uncomfortable.

Don't Rush the Process  
Good Things Take Time

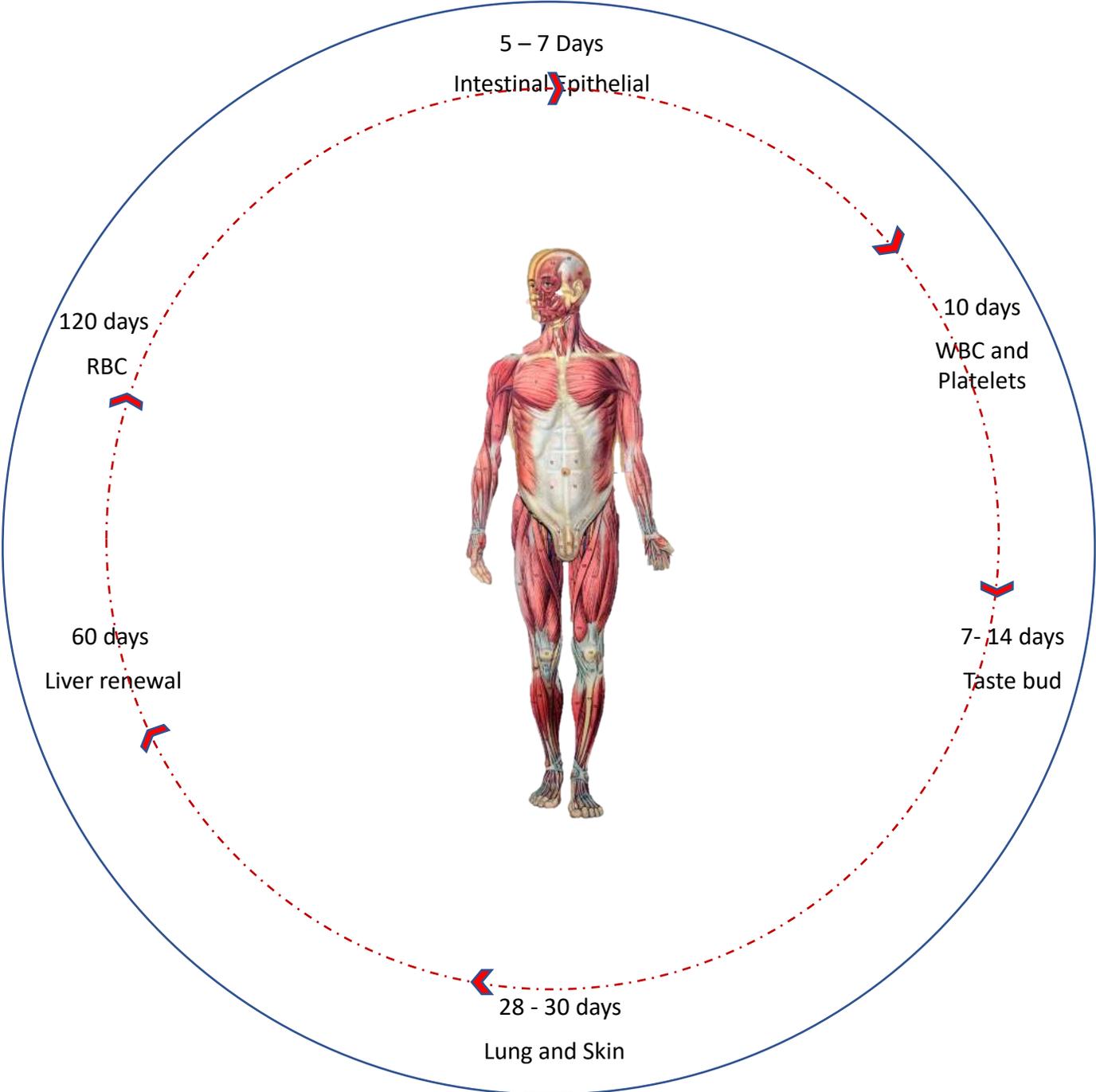
## What to Expect

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- Improved sleep
- Bowel regulations
- Energy
- Clear mind
- Better concentration
- Weight regulation
- Reduced cravings
- Passive Detoxification
- Clear and glowing skin
- Reduced body order
- Increased hair and nail growth
- Increased collagen production
- Reduced body fat
- Reduced inflammation



# 120 Days for Cellular Renewal



## Air Pollution

- Bleed air
- Disinsection
- Heavy metals
- Chemicals
- carbon monoxide
- lead
- nitrogen oxides
- ground-level ozone
- particle pollution
- sulphur oxides
- Emissions from factories, cars, planes
- Second-hand smoke
- Wildfires
- Smog
- Asbestos
- Benzene
- Creosote
- PAHs
- Petroleum Hydrocarbons

## EMFs

- Cell phone
- Power lines
- Electrical appliances
- Smart meters
- Smart homes
- Radiation in medical procedures
- ElectroSmog
- Microwave radiation
- WIFI
- Bluetooth
- ↑Cellular Damage
- ↑ ROS Damage
- ↑ Amalgam Microleakage
- Pineal gland and Melatonin
- Affects the brain
- Fertility
- Childhood leukaemia
- Glioblastoma

## Heavy Metals

Mercury - Cadmium - Lead - Arsenic - Gadolinium - Aluminum - Strontium - Iron - Chromium - Thallium - Cobalt

### Skeletal system

- Osteoarthritis
- Dental Fluorosis
- Skeletal fluorosis and fractures
- Glyphosate
- Vitamin D
- Stem Cells
- Fluoride

### Integumentary System

- Collagen
- Derma
- Nails
- Cartilage
- Bone
- Connective Tissue
- Tattoo ink
- Heavy metals
- Psoriasis / Eczema

### Autism Spectrum

- Transgenerational
- Premature
- Gestational Diabetes
- Vitamin D
- Neurotransmitters
- Vitamin A
- Pre-eclampsia
- Glyphosate
- Cytochrome P450
- Vitamin D
- Fertility
- IVF
- Gut Dysbiosis
- ADHD

### Neurotransmitters

- Melatonin
- Serotonin
- Dopamine

### Pulmonary

- Asthma
- COPD
- Vaping
- Second-hand smoke
- Airborne toxins

### Urinary System

- Kidney Disease
- Prostate
- Urine

### Lymphatic System

- Nf-kB activity
- Gut homeostasis
- Interstitial fluid
- Dietary lipids

### Neurodegenerative

- Alzheimer's
- Parkinson
- Dementia

### Eye Health

- Glaucoma
- AMD

### Auditory

- Hearing loss
- Tinnitus

+/-



### Cardiovascular

- Blood pressure
- Stokes
- Dyslipidemia
- Heart Rate Variability
- Diabetes
- Metabolic Syndrome
- Sleep apnea
- Kidney disease

### Digestive System

- Liver
- Vitamin D
- Gut Microbiota

### Oxidant-antioxidant system

- Reactive Oxygen Species
- Antioxidant
- Vitamin A
- Vitamin D

### Metabolic Dysfunction

- Obesity
- Metabolic Syndrome
- Non-Fatty Liver

## Glyphosate

- DNA damage
- Epigenetics
- Fertility
- Gut Microbiota
- Cancer
- Neurological
- Cardiovascular
- Autism
- Air, Food, Soil, Water
- Skeletal System
- ↓Liver detoxification
- ↓ cytochrome P450 (CYP)
- ↓downregulate enzymes

## Fluoride

- Neurotransmitters
- Dementia
- Damage to the hippocampus
- Thyroid damage
- Collagen
- Osteoporosis
- Brain damage, and lowered IQ
- Damage to the purkinje cells
- Stem Cells in Deciduous teeth
- Impaired thyroid function
- DNA damage and cell death
- Fertility
- Muscle disorders
- Dental Fluorosis
- Skeletal fluorosis and fractures
- Formation of beta-amyloid plaques
- Bone Cancer
- Prostate cancer
- ↑ uptake of aluminium
- ↓ nicotinic acetylcholine receptors
- ↑heavy metal absorption
- ↑fluoride in the pineal gland
- Kidney damage
- DNA damage and cell death
- Arthritis
- Inhibits antibody production

### Autoimmune

- Chronic Fatigue/ME
- Psoriasis / Eczema
- Fibromyalgia
- Lupus
- Vitiligo
- Hemolytic anemia
- Celiac disease /IBD
- Type 1 Diabetes
- Thyroid disease
- Guillain-Barre syndrome
- Rheumatoid
- Liver and Autoimmunity
- Multiple Sclerosis
- Vitamin D
- Arthritis

### Reproductive System

- Fertility
- IVF
- Menopause
- Andropause

### Endocrine

- Diabetes
- Gestational Diabetes
- Thyroid
- Hypothalamus
- Pineal gland
- Sleep
- SAD
- Ovary
- Testis

# Energy & Focus

- Takes you to your happy place
- Turmeric, pine bark, velvet bean seed, and vitamin D.





# Ingredients in Zero-In

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N-acetyl L-tyrosine, anhydrous caffeine, L-theanine, velvet bean seed, pine bark, curcumin, and vitamin D.



# Zero-In- What is it?

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An all-natural nootropic (as we like to call it) blend of five adaptogens and two catalysts. Zero-In triggers the gut to produce dopamine and serotonin neurotransmitters. Increased dopamine has been associated with improved mood, razor sharp focus, concentration, mental clarity, and cool, calm, and collected. Zero-In uses a proprietary formula that includes multiple patent-pending technologies and trade secrets. Zero-In utilizes various processes and techniques to enhance the formulation's efficacy.



# How to take Zero-In

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- Take 1 capsule in the morning (preferably on an empty stomach).
- You can take up to 4 capsules in a day. If a reduced dose is required, open the capsule and take as needed.
- If you have problems swallowing capsules, add to food, yogurt, smoothies or any liquids
- Some people find that taking two in the morning helps them throughout the day
- One pill can provide benefits for up to 5 hours



**CERTIFIED DRUG FREE<sup>®</sup>**  
**CERTIFIED QUALITY<sup>™</sup>**  
**CERTIFIED GMP<sup>™</sup>**  
**CERTIFIED CBD<sup>™</sup>**

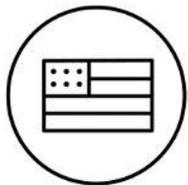
**BANNED SUBSTANCES CONTROL GROUP**



BSCG CERTIFIED DRUG FREE SEALS



BSCG CERTIFIED GMP SEALS



Made in the USA



Cruelty Free



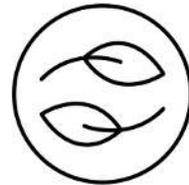
Soy Free



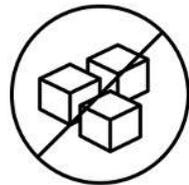
Keto



Vegan



Plant-Based



Sugar Free



Gluten Free



# Restore

- QNET Delivery System
- Key Ingredients
- Bioscience Engineering,  
Nanotechnology,  
Manufacturing Process
- Cellular communication
- Virus, Bacteria, Fungus,  
Parasites, Gut Health





# Ingredients in Restore

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Black seed oil, resveratrol, turmeric, raspberry ketone, apple cider vinegar, aloe vera, and d-ribose



# Restore- What is it?

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The ingredients in Restore are targeted to assist the body and its natural ability to support the immune system, gut health, healthy blood pressure, and bone health. In addition, Restore has anti-inflammatory and antioxidant properties. Restore aims to support the body, improve focus, and assist its overall innate immune system to do what it does best.

Further, the ingredients in Restore are designed to assist the gastrointestinal tract in promoting appropriate function. Restore uses a proprietary formula that includes multiple patent-pending technologies and trade secrets. Restore utilizes various processes and techniques to enhance its effectiveness.

# How to take Restore

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Restore is packaged in 15 sachets, a month's supply taken orally every other day or take half a sachet every day.

You could start with one-fourth of a sachet and build up to a whole sachet. Restore is not a meal replacement; it is a supplement. Heat exposure and direct sunlight can damage Restore.

Restore is best taken in the morning because it improves focus and increases energy.

Everyone is unique and has different requirements to maintain their health. It is important to listen to your body to decide what works best for you. Some people take up to 3 or 4 sachets a day because of how great it makes them feel.

- Take in the morning or evening with or without food
- Refrigerate for a nice chilled treat
- Add to smoothies or yogurt





Raspberry Ketones



Raspberry Ketones  
Increases metabolism



Apple Cider Vinegar



Apple Cider Vinegar  
Reduces belly fat  
Lowers cholesterol  
www.coconutoilguru.com



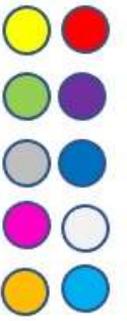
Black Seed Oil



**Black Seed Oil**  
Immune support  
Supports wound healing  
Anticancer properties



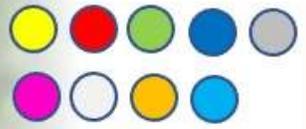
Resveratrol



**Resveratrol/Polygonum  
cuspidatum**  
Protects the brain  
Eases joint pain



Aloe Vera



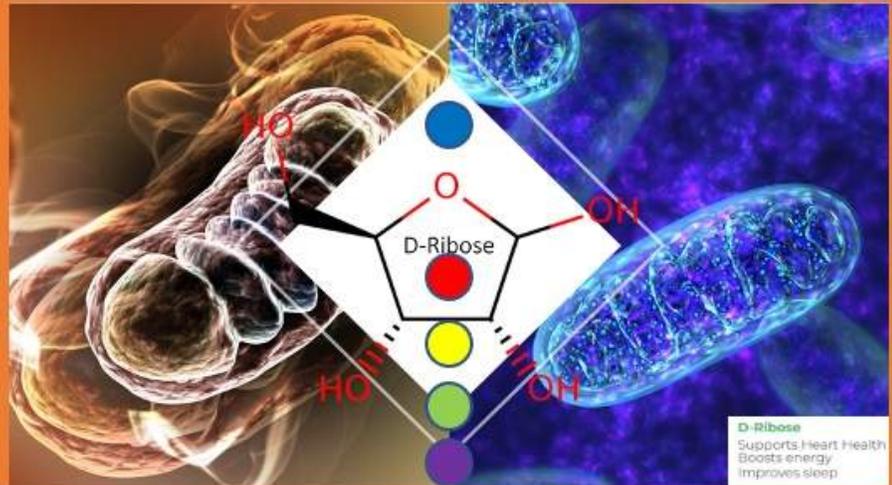
**Aloe Vera Gel  
Powder**  
Anti-inflammatory  
Antiseptic



Turmeric



**Turmeric**  
Anti-inflammatory  
Antioxidant  
Boosts immune system

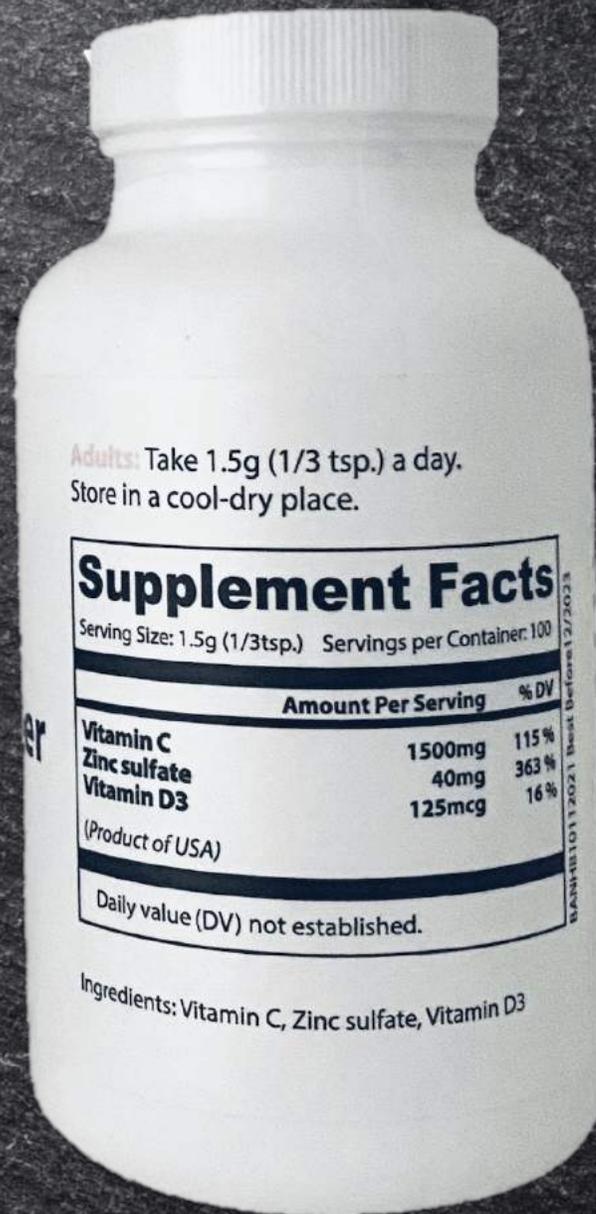


D-Ribose

**D-Ribose**  
Supports Heart Health  
Boosts energy  
Improves sleep

# Synergy of Restore

- Metabolic System & Weight
- Antiaging & Integumentary System
- Bone & Cartilage
- Reproductive System
- Collagen
- Stem Cells & Telomeres
- Five Sensory Systems
- Neurological System
- Gut Health and Immune System
- Cardiovascular & Respiratory System



**Adults:** Take 1.5g (1/3 tsp.) a day.  
Store in a cool-dry place.

### Supplement Facts

Serving Size: 1.5g (1/3tsp.) Servings per Container: 100

	Amount Per Serving	% DV
Vitamin C	1500mg	115 %
Zinc sulfate	40mg	363 %
Vitamin D3	125mcg	16 %

(Product of USA)

Daily value (DV) not established.

Ingredients: Vitamin C, Zinc sulfate, Vitamin D3

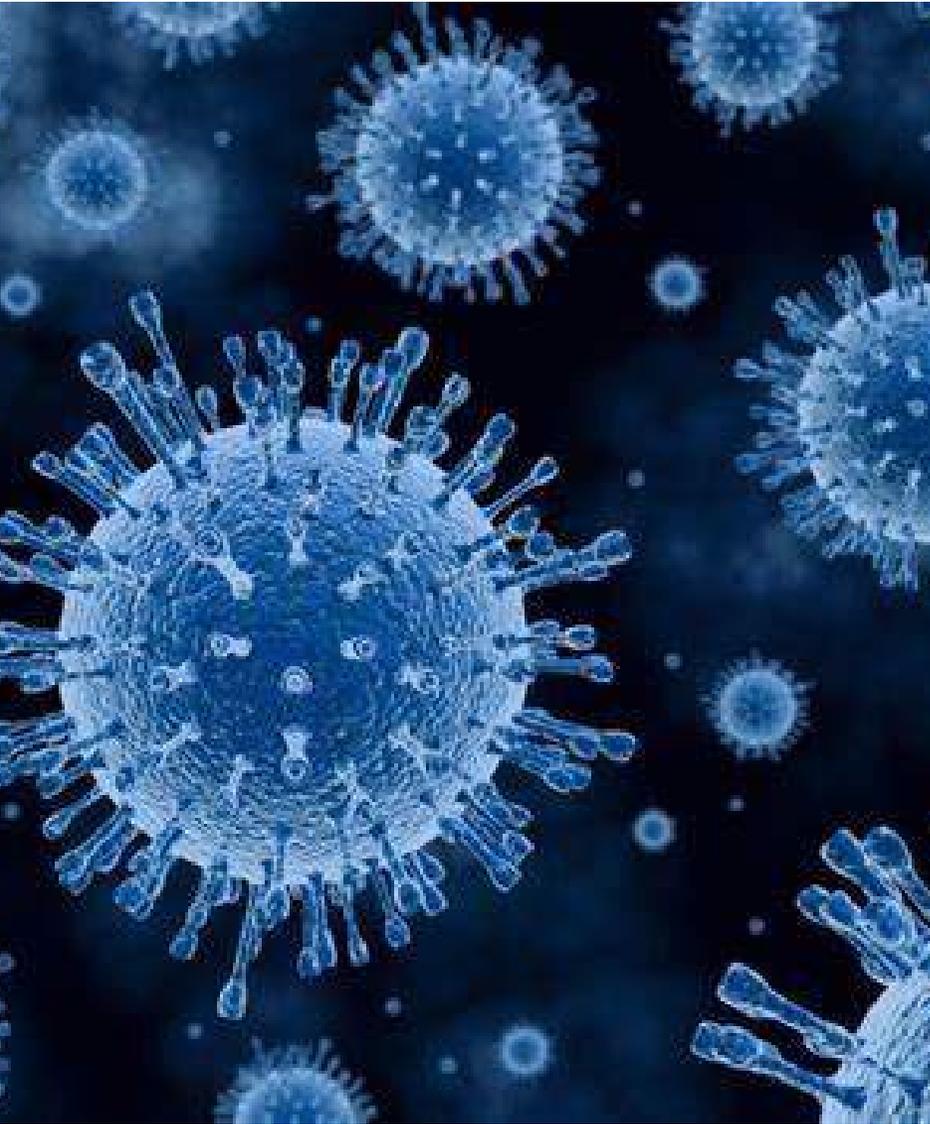
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# NATURAL BARRIER SUPPORT

- Zinc, Vitamin D3, and Vitamin C are combined in ROOT's Natural Barrier Support to work as a blockade against infections, inflammatory diseases, and boost the immune system.



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## Zinc for the Common Cold

By [Meenu Singh](#) and [Rashmi R Da](#)

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- In this assessment, zinc was evaluated to determine its potential in reducing the incidence, severity, and duration of common cold symptoms:
  - It was found that intake of zinc was associated with a significant reduction in the duration. After 7 days of treatment, participants that were symptomatic was significantly smaller than those of the

<https://pubmed.ncbi.nlm.nih.gov/23775705/>



## Extra Dose of Vitamin C Based on a Daily Supplementation Shortens the Common Cold: A Meta-Analysis of 9 Randomized Controlled Trials

By Li Ran, Wenli Zhao, Jingxia Wang, Hongwu Wang, Ye Zhao, Yiider Tseng, and Huaien Bu

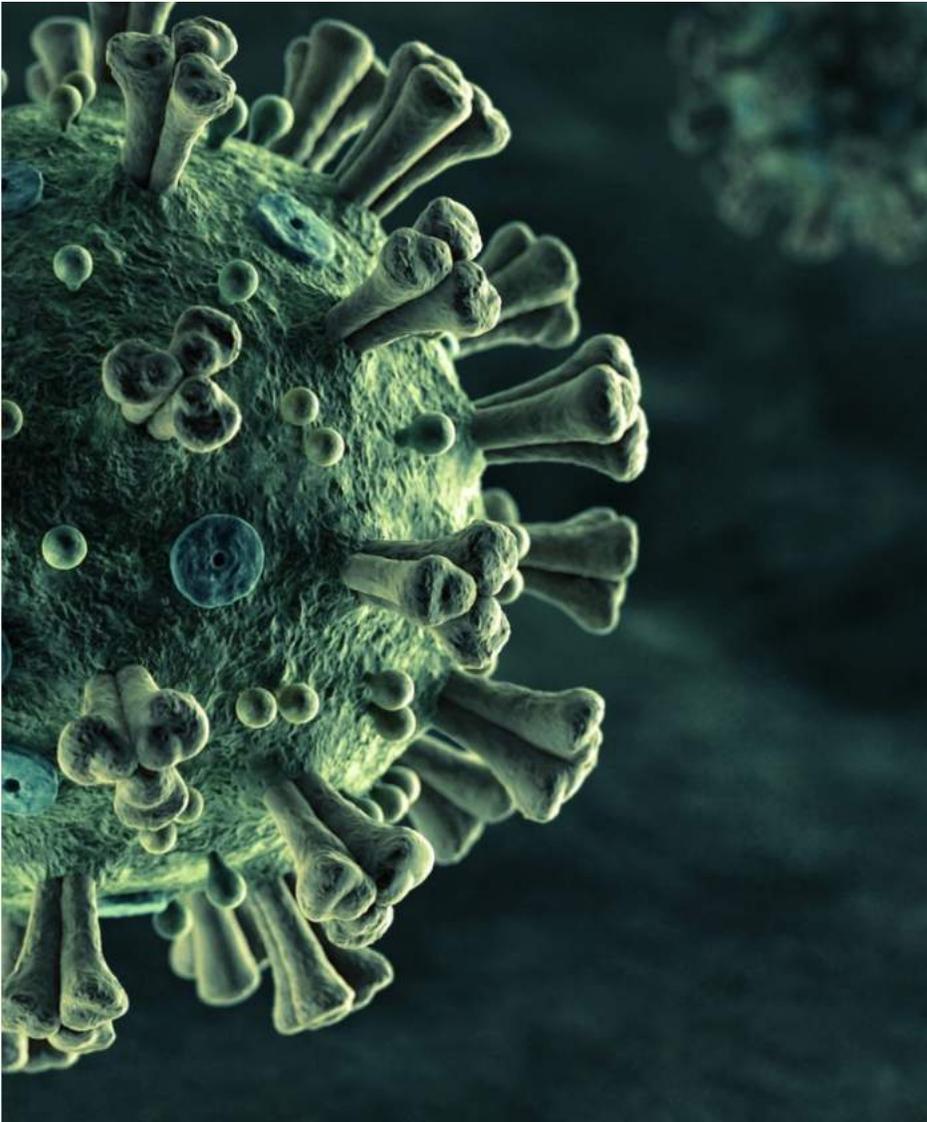
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- ❑ In the evaluation of vitamin C, administration of extra therapeutic doses at the onset of cold despite routine supplementation was found to help reduce its duration, shorten the time of confinement indoors, and relieve the symptoms associated with it, including chest pain, fever, and chills.
- ❑ More than 1 g/day of vitamin C shortened the duration of colds in adults by 8% and in children by 18%

# VITAMIN D3



- Vitamin D is a fat-soluble vitamin your body produces naturally when it's directly exposed to sunlight, certain foods, or supplements. Vitamin D3 has been shown to be more efficient than D2.
  - Regulate mood and reduce depression
  - Reduce the risk of multiple sclerosis
  - Decrease chance of developing heart disease
  - Prevent infections and decrease severity of illnesses
  - Support weight loss
  - Provide proper growth and development of bones and teeth



# Evidence that Vitamin D Supplementation Could Reduce Risk of Influenza and COVID-19 Infections and Deaths

By William B. Grant, Henry Lahore, Sharon L. McDonnell, Carole A. Baggerly, Christine B. French, Jennifer L. Aliano, and Harjit P. Bhattoa

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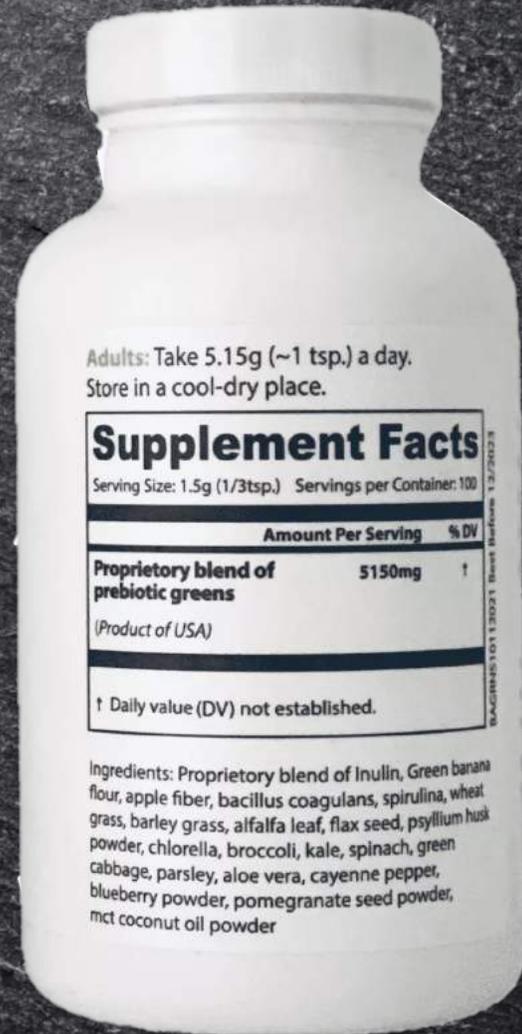
- To reduce the risk of infection, it is recommended that people at risk of influenza and/or COVID-19 consider taking 10,000 IU/d of vitamin D3 for a few weeks to rapidly raise 25(OH)D concentrations, followed by 5000 IU/d.
- Administering vitamin D reduces the expression of pro-inflammatory cytokines and increases the expression of anti-inflammatory cytokines by macrophages
- D<sub>3</sub> suppresses responses mediated by the T helper cell type 1 (Th1), by primarily repressing production of inflammatory cytokines IL-2 and interferon gamma (INF $\gamma$ )
- Ecological studies suggest that raising 25(OH)D concentrations through vitamin D supplementation in winter would reduce the risk of developing influenza.



## Vitamin D and Depression: Where is all the Sunshine?

By Sue Penckofer, PhD, RN, Joanne Kouba, PhD, RD, Mary Byrn, BSN, RN, and Carol Estwing Ferrans, PhD, RN, FAAN

- ❑ In a cross sectional study of 80 older adults (40 mild Alzheimer and 40 nondemented), aged 60 to 92, more than half (58%) were noted to have vitamin D levels that were abnormally low. In addition, vitamin D deficiency was associated with the presence of an active mood disorder as assessed by the depressive symptoms inventory.
- ❑ In a prospective birth cohort that studied the intake of vitamin D supplements in the first year of life, it was noted that an intake of 2,000 IU or more per day was associated with a reduced risk of developing schizophrenia (RR = 0.23, CI = .06–.95) for males.



# RELIVE GREENS

- Inulin
- Green Banana Flour
- Apple Fiber
- Bacillus Coagulans
- Spirulina
- Wheat Grass
- Barley Grass
- Alfalfa Leaf
- Flax Seed
- Psyllium Husk
- Chlorella
- Broccoli
- Kale
- Spinach
- Green Cabbage
- Parsley
- Aloe Vera
- Cayenne Pepper
- Blueberry
- Pomegranate Seed
- MCT Coconut Oil





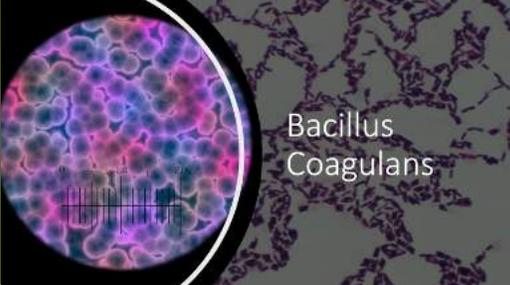
Inulin



Green Banana Flour



Apple Fiber



Bacillus Coagulans



Spirulina



Wheat Grass



Barley Grass



Alfalfa Leaf



Flax Seed



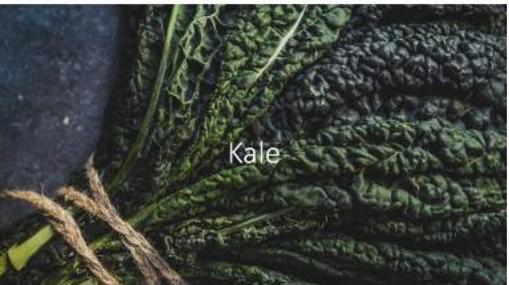
Psyllium Husk



Chlorella



Broccoli



Kale



Spinach



Green Cabbage



Parsley



Aloe Vera



Cayenne Pepper



Blueberry

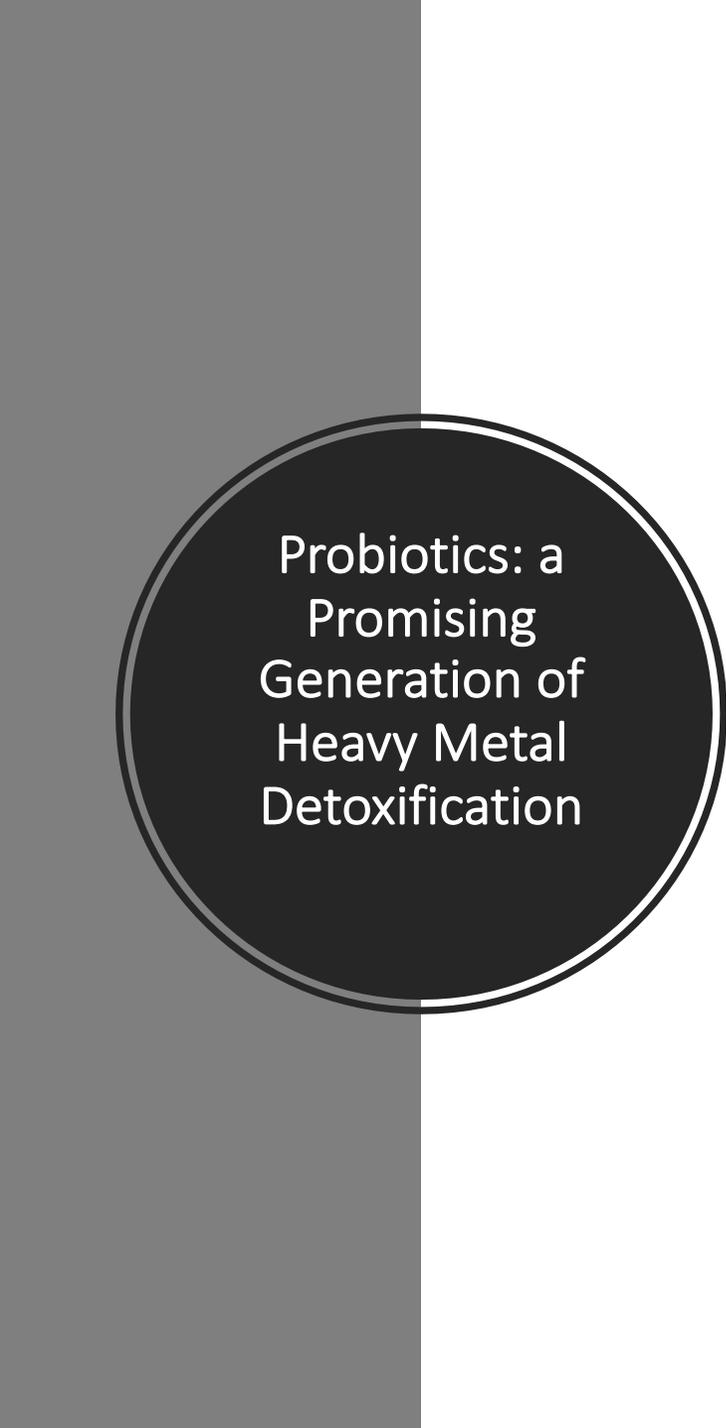


Pomegranate Seed



MCT Coconut Oil





## Probiotics: a Promising Generation of Heavy Metal Detoxification

### Abstract

Different environmental toxins especially heavy metals exist in soil, water, and air recording toxic effect on human, animal, and plant. These toxicant elements are widespread in environment causing various disturbances in biological systems. Numerous strategies have been applied recently to alleviate heavy metal contamination; however, most of these strategies were costly and seemed unfriendly to our environment. Probiotics are living cell bacteria with beneficial characteristics for human health. Lactobacillus and Bifidobacterium are the major probiotic groups; however, Pediococcus, Lactococcus, Bacillus, and yeasts are recorded as probiotic. The vital role of the probiotics on maintenance of body health was previously investigated. Probiotics were previously recorded to its powerful capacity to bind numerous targets and eliminate them with feces. These targets may be aluminum, cadmium, lead, or arsenic. The current review discusses the history of probiotics, detoxification role of probiotics caused by heavy metals, and mechanism of their action that modulate different signaling pathway disturbance associated with heavy metal accumulation in biological system.

**Keywords:** Bifidobacterium; Heavy metals; Lactobacillus; Probiotics.

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# CRIIGEN Study Links GM Maize and Roundup to Premature Death and Cancer

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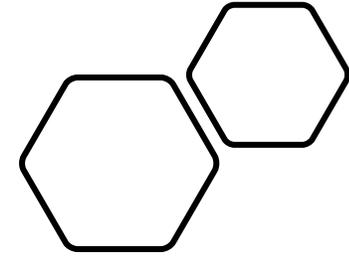
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Study

In a study published in "Food and Chemical Toxicology", researchers led by Professor Gilles-Eric Seralini from CRIIGEN have found that rats fed on a diet containing NK603 Roundup tolerant GM maize or given water containing Roundup, at levels permitted in drinking water and GM crops in the US, developed cancers faster and died earlier than rats fed on a standard diet. They suffered breast cancer and severe liver and kidney damage.



In the first ever study to examine the long-term effects of Monsanto's Roundup herbicide and the NK603 Roundup-resistant GM maize also developed by Monsanto, the CRIIGEN scientists found that rats exposed to even the smallest amounts, developed mammary tumors and severe liver and kidney damage as early as four months in males, and seven months for females, compared with 23 and 14 months respectively for a control group.



Gilles-Éric Seralini is a French molecular biologist, political advisor and activist on genetically modified organisms and foods.

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Insulin  
receptor

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Testimonials  
Real People  
Real Outcomes



**Mark Eddison**  
August 1 · 🌍

Hi all fellow "Rooters" ...i just wanted to share some exciting news with you ...for over 10 years i have suffered with what is medically diagnosed as medium /aggressive Psoriasis ..mainly on my legs ..last year it took a severe twist ..it became infected and i had Cellulitis which could have lead to possible amputation ..i think you will find the photographs will outline where i was ...it was a very worrying time and as i am sure you can appreciate i genuinely did not know what my future held. I was put on a course of Methotrexate and i have to say it saved the day and i started to improve . But the scars and scaly skin remained ...As most people who suffer with Psoriasis will tell you its not just the physical scarring you live with its the Psychological scars ..living in Sunny Cyprus i was not able to wear shorts and sunbathe ...as people do not understand this dreadful disease ..creams ointments ..constant visits to Dermatologists ..all with different interpretations of how to address the issue !! Expensive applications and even a trip to the dead sea in Israel...as this is supposed to offer a healing mineral ...so after all these years and realising i was actually dealing with a auto immune problem so started using Keto diets ..vitamins and minerals which have helped but still the scarring remained and had to lean on steroid ointments to keep under control ..so a life of steroid and methotrexate was now a reality .. then i was introduced to you lovely people ..Clean Slate . WOW ...Following the instructions 2 x 10 drops per day for 3 weeks and i think you will see the changes .no itching ..scratching ..no ointments apart from moisturising ..i have stopped taking methotrexate and at last i can see light at the end of this dreadful 10 year tunnel ....so please approach anyone you know with Psoriasis and share my story ..thank you ROOT for life ..Clayton for your product and informative videos and testimonials ...you have me i am hooked ..and i will be promoting Clean Slate ...even to the Dermatologists that merely offer lip service and expensive rubbish...i hope these photographs don't offend but felt you really have to understand my journey ..thank you... Mark

## EXPERIENCE: Psoriasis



**EXPERIENCE: Mark Eddison - Psoriasis After 2.5 months**



 **Miki Ettore**  
August 1 · 🌐

Hi everyone my lovely new friend [Leanne Littlewood](#) recommended Root for my Autistic son (he is 13 years old). When he was 18 months old he was vaccine injured and regressed into severe Autism. Hair tests showed he was full of heavy metals (in particular aluminium, mercury and lead). I have done various things over the years to clear the metals but don't feel I've ever fully resolved it.

I've only been giving Fin 2 drops a day (he is very sensitive) for the past few days but I can already see a huge difference in him!

One of my biggest goals for Fin is independence which he has always lacked. I have to help him a lot.

Today I was shocked as when we got home from shopping he went to get the bags out of the car and helped me carry them to the kitchen totally unprompted! Normally he would never do something like this so I was really surprised!

He also made his own toast and buttered it, went upstairs to have a shower and then took himself off to bed by himself with no help from me at all!

Today I picked him up from club and one of his Autistic traits is he doesn't see the point of waving good bye to people. Today he waved goodbye to one of organisers at his summer sports club.

Another new thing was we were driving somewhere in car and Fin decided to turn up the volume as he wanted to hear his favourite song louder.

All of these changes have happened in his first week of taking the drops so at first I didn't link it with the drops but now it has dawned on me that there is a connection.

I'm excited to see how he progresses as one of the key areas I want to work on is speech.

Thanks again Leanne you are a star for reaching out to me ❤️

   163

96 Comments

## EXPERIENCE : Autism

 **Birgit Boesche**  
This is so amazing and the thought of how many people we will be able to help is just mind blowing. Well done [Leanne Littlewood](#) for reaching out to Miki. ...

Like · Reply · 12w

 **Anna Mira-Ellis**  
I love hearing this ~ I have a nephew, exact same issue, he was a normal toddler, then he got vaccinated, and won't look at ppl , looks up at sky, won't talk (he was just starting to talk before being vaccinated, and then boom, autistic- he is now 4, I wonder if this would work, but would have to convince his mom - thank you for sharing 🥰❤️ gives me hope ...

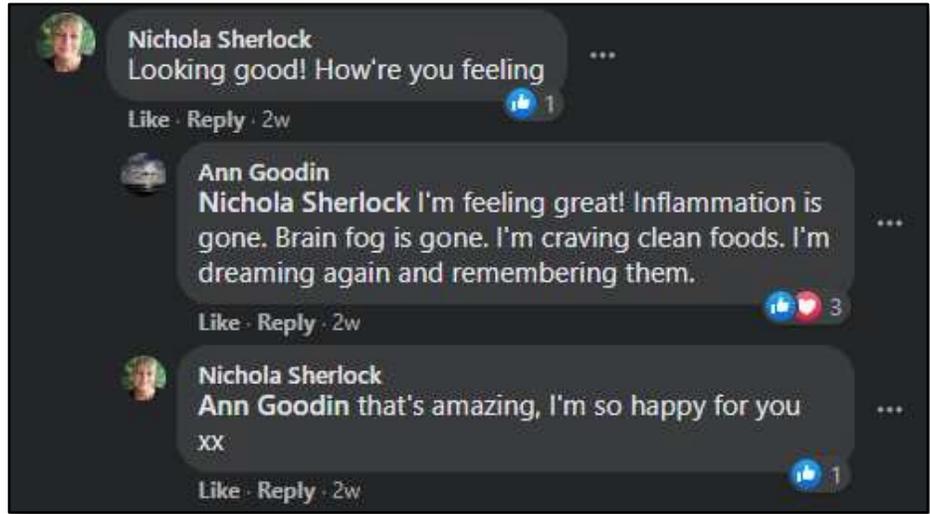
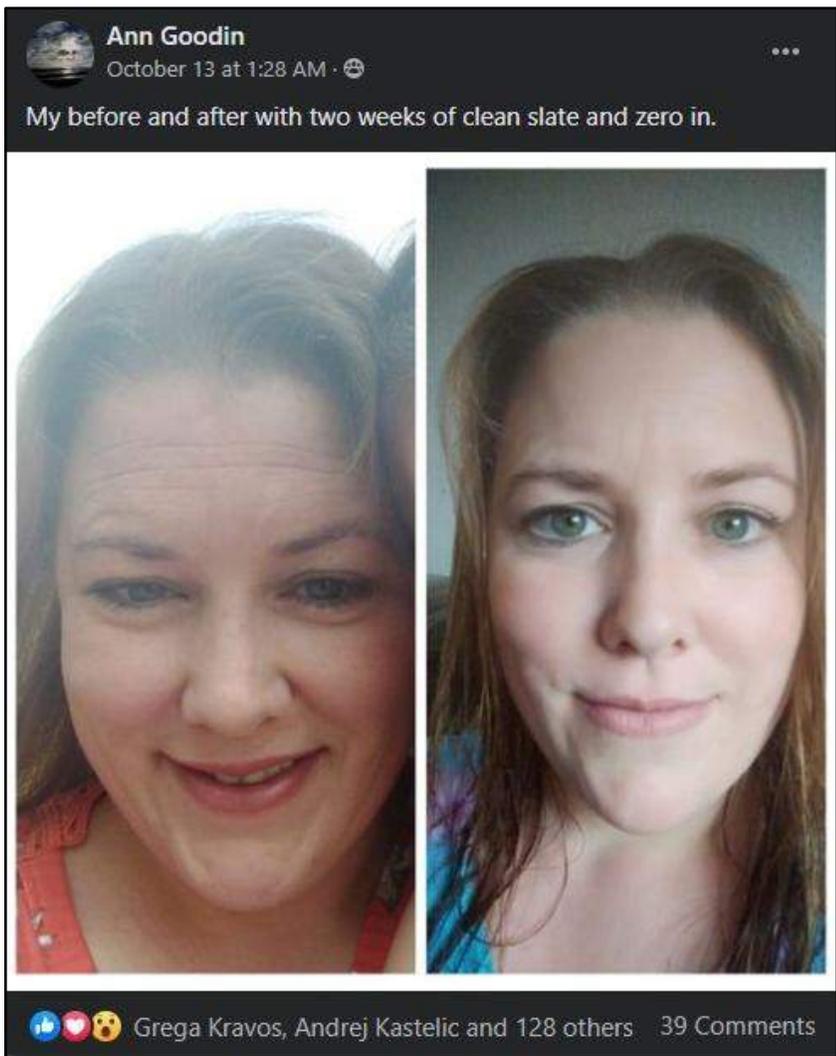
Like · Reply · 12w    3

 **Toni Lemons**  
[Anna Mira-Ellis](#) anna.....invite his mom to this group and tag her in this post. If i can help let me know my beautiful friend. ❤️🥰❤️ ...

Like · Reply · 12w  2

 **Kellie Fett Valenti**  
What a fantastic journey. Excited to see how your son keeps improving in his journey 🥰🥰 ...

Like · Reply · 12w  1



**EXPERIENCE: Skin, No Inflammation, Brain Fog**

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**Wenche Anett Henriksen**  
August 13 · 🌍

I am so happy 😊 I have no cravings for sugar anymore, I don't get hungry all the time. So I know that I will loose weight 🙌

I have fibromyalgia and was allways in pain. Now I feel so much better, no pain, I sleep all night. And my hip, that was so painful day and night, is not a problem anymore 🙌

👍❤️🙌 91 34 Comments

**EXPERIENCE: Fibromyalgia, no sugar cravings, better sleep, no more painful hip**



**Melanie Leithoff**  
August 28 · 🌍

Hello Rooters, I quickly wanted to give me experience with Clean Skate and Zero In. I am 38 and had Fibromyalgia for over 20 year. There has been times that I could hardly walk. Sleepless nights due to the severe pain. About a 3 weeks ago my friend [Birgit Boesche](#) recommended the Root products to me. Within a week I felt great improvement, less pain and I sleep so much better. I am looking forward to see more improvement in the month to come. Will post again.

👍❤️🙌 73 16 Comments

**EXPERIENCE : Better focus, energy, less depression, nails, hair, loose weight**

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 **Andie Lloyd Girard**  
September 30 at 5:05 AM · 🌞

I cannot say enough about Root Brands Zeroin and Clean Slate... the changes are remarkable inside and out. I think better, feel more energized, less depressed, there is definitely a smaller tummy, and my nails and hair are growing. Love it!



   58

10 Comments

**EXPERIENCE : Personal trainer and nutrition coach, Anxiety, Energy, Feeling, Calmness...**

 **Gary Pasek**  
May 18 · 🌞

I just started root yesterday and have 2 testimonies. I have had in the past anxiety and ptsd from being in combat. After my first 2 doses of zero in i had a calming that was not felt for 20 plus years. It was amazing last night and this morning.

I am also a Personal trainer and nutrition coach and had to try this before my workout which I did today. The workout I got today and the energy was incredible. I didnt want to stop lifting. I felt amazing vascular flow and increased atp. So thankful I have found this product.

It works on so many levels. Thanks [Clayton Thomas](#) great product!!

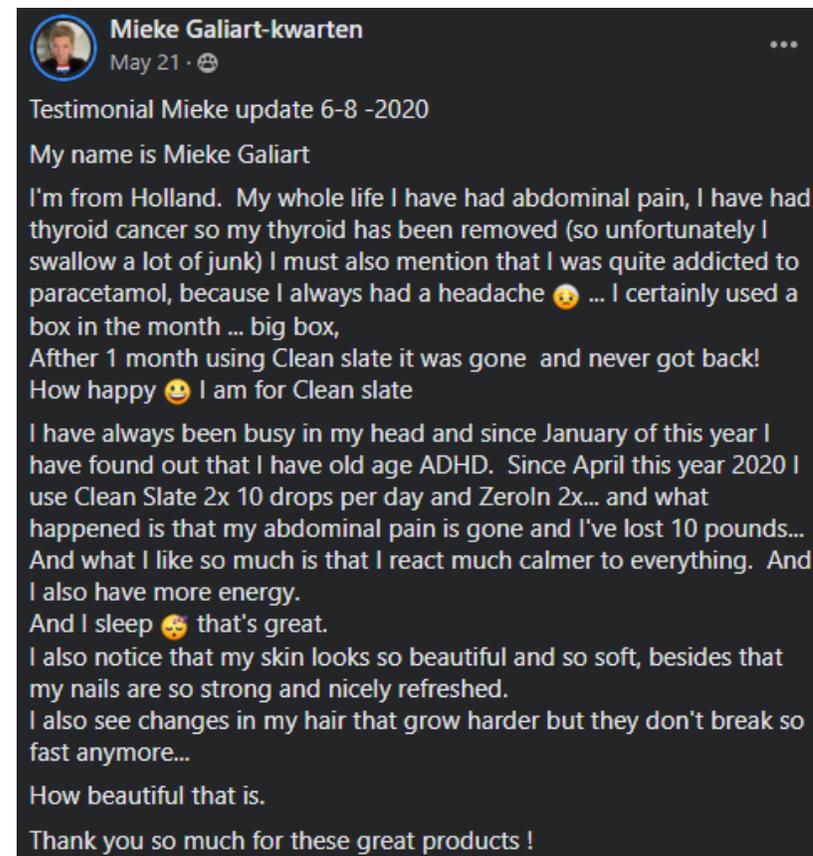
   Janez Krašna, Clayton Thomas and 61 others 31 Comments

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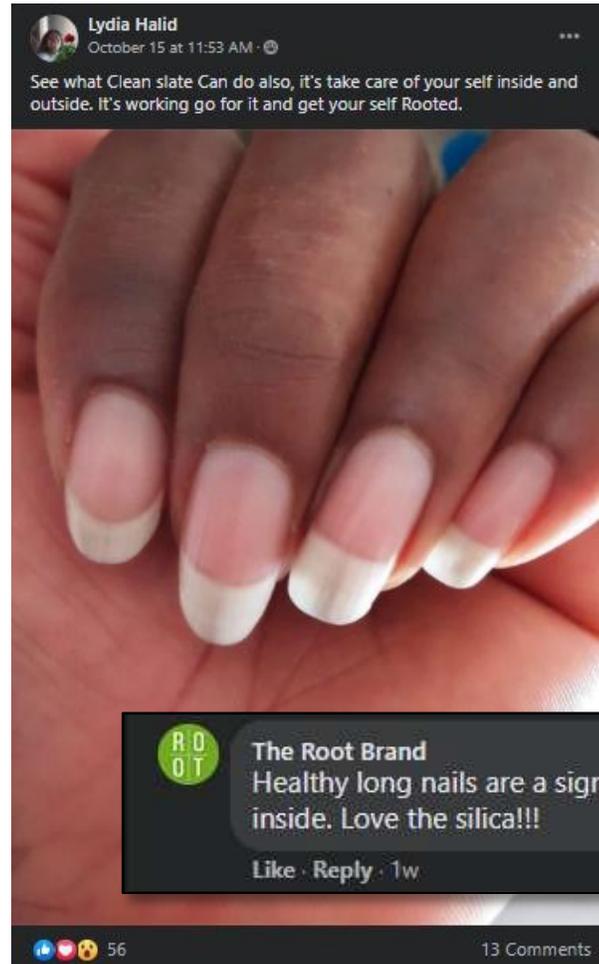
**EXPERIENCE: Better skin, weight loss, more energy**

**EXPERIENCE: Abdominal pain gone, calmness, more energy, better skin, hair...**





**EXPERIENCE: Better skin, less migraines,  
Better sleep...**



**EXPERIENCE: Strong, healthier nails**

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## EXPERIENCE: Dementia



Joy Hayward

July 4 · 🌐

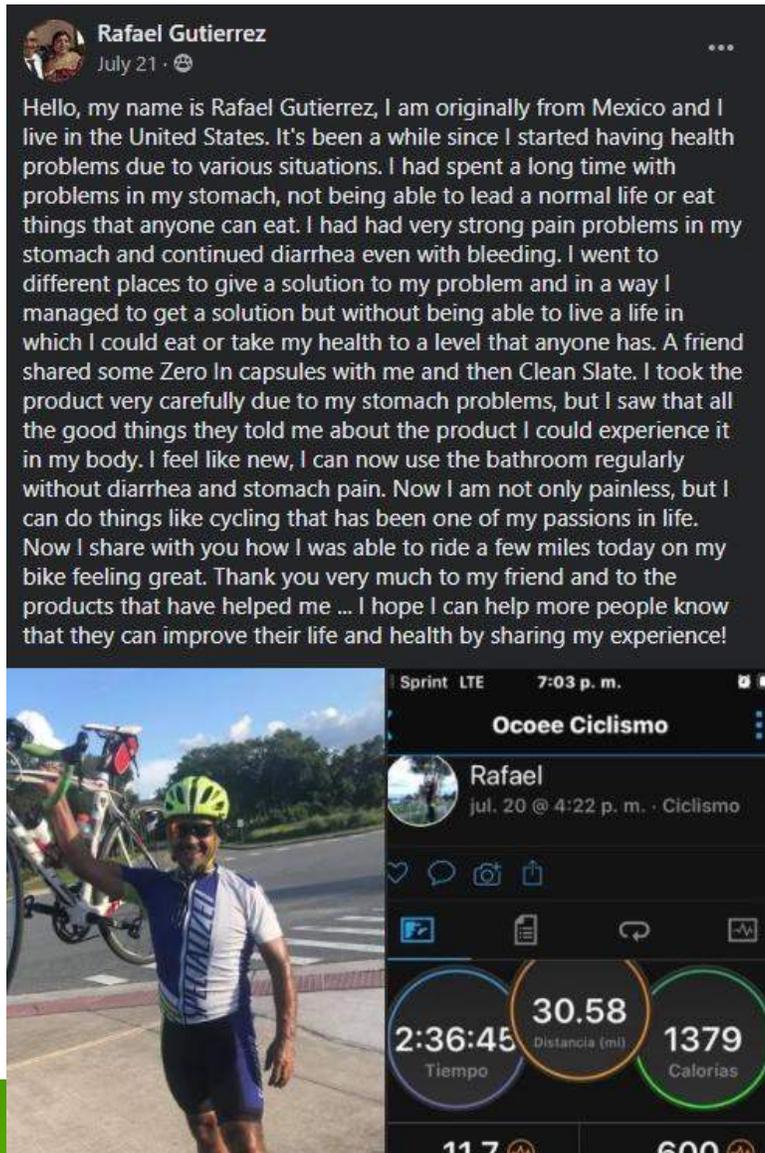


This is my 79 year old husband, David Hayward, he started on Clean Slate late March, at that time he walked with a shuffle, as he had no confidence in his balance. Today, July 3rd, this is him on our deck 👍 He had given up playing the trumpet and he only felt comfortable speaking with close friends as he could no longer find words and it was difficult to understand him. His speech is still slow but he improves and he is back practicing the trumpet, painting and doing his Astrology research.

Please do not forget the older generation 🙏🙏 I cannot express my joy in watching my husband regain his ability to enjoy life. He was well aware of his limitations and knew he had been diagnosed with mild dementia over 10 years ago. He had come to accept his deteriorating brain power. Clean Slate and Zero In has given him hope. Thank Clayton Thomas and The Root Brand ❤️👍



Janez Krašna, Rebeka Ukmar and 130 others 44 Comments



**EXPERIENCE: Stomach pain**

**EXPERIENCE: Difficulties with getting pregnant for 11 years, Autism, Trying to solve problems with dermatitis for 25 years**

When a person who has been trying to get pregnant for 11 years calls you and tells you that her body has regenerated to the point that she got pregnant... when she asks you for contact and she cries to your phone and thank you, because we offered her Root products... when you find out she's currently in the toilet and she took a pregnancy test a few seconds ago and she's positive... and when you even realize you're the first person she shared with this information that even her pets don't even know it!?!? 🤔😄 When your parents call you... whose diagnosis is autism and ADHD... and they tell you with great pleasure that their child is after 3 years Laughing again... that the second child sleeps all night 😄 When a person writes to you that after 25 years of looking for a solution for their dermatitis, which was present all over the body... she finally got rid of it...

This is all Root...

I would like to thank Root myself for being a part of this story and that Root made my life make sense 🙏

All good from me... stay healthy and love each other ❤️

44

12 Comments 7 Shares

 **Birgit Boesche**  
 July 19 · 🌍

I would like to give my personal testimonial. About 3 weeks ago I started on Clean Slate and must say I was very impressed how effective it was within just a few days. I slept better, my skin has improved so much and of course felt all the signs of detox. 6 days ago I started with ZERO-IN and I have never been so focused. My problem was always to concentrate and I would start different things in between my work, now I stay focused the whole time. Amazing products. Thank you Root

   40

**EXPERIENCE: Better sleep, skin, focus...**

 **Joy Hayward**  
 Hi Birgit Zero In is amazing for getting work done 🙌  
 Energy yes but the ability to focus and the calm feeling of well being is what I experience now on a daily basis. I have been on it since early April and it works each and every time. I think as I am on Clean Slate longer the focus actually improves 🙌😊

Like · Reply · 14w  1

 **Birgit Boesche**  
 I totally agree with you Joy. The focus is what really impresses me. I wake up and my mind is already so sharp. Just imagine how many people can benefit from it, there is such a huge market.

Like · Reply · 14w



**EXPERIENCE :** Dermatitis, better sleep, more calm, more productive, Energy, Feeling, Calmness,

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**EXPERIENCE:** Fungal infection, eczema...



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 **Katalin Sebestyén**  
October 25 at 8:34 PM · 🌐

Hello! It's been 2 months since I used the 2 products. I feel much better, and of course the pictures say it all. Don't hesitate to order because by removing these heavy metals you will be reborn, the figure will be just the bonus of this detox - hardening nails, always on the move ... the bloating pain is just a thing of the past. I feel younger and much more energetic! .. but to see the pictures .. (another 2 kg lost next to the 7 from the first month!)



 45 11 Comments

**EXPERIENCE : Nails, bloating pain gone, energy, feel younger, loose weight...**



**AUG 15** **6.hét után(okt.2)**

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**EXPERIENCE:** Better sleep, blood sugar,  
no more eating sweets...

 **Maria Farkas**  
October 13 at 1:28 AM · 🌐

Testimony of [Tiglar Cristina](#) from 🇷🇴 Romania

❤️ Photos Tell EVERYTHING !!! 🟡 3 weeks since I take the drops and pills and I already feel their effect! I feel like "I'm deflating", I sleep more and better, my blood sugar levels don't increase so much anymore, I don't feel like to eat sweet as before ... I RECOMMEND these miracles that cleanse our body of everyone !! I will definitely continue! Thanks to my friend [Katalin Sebestyén](#) for thinking of me too ❤️

## EXPERIENCE: Eczema, better skin, loose weight, more energy, feeling better.

This is my testimony from today 10.8 🍀😊🍀

I am back like I promised 🙏

Like I said I started to use Clean Slate clean my body from nicotine, chemicals using cleaning products on daily basis more like 10 years what I believe working perfectly but what I didn't expect and recognize till yesterday is eczema on my right leg. Probably years ago I saw that I have 2 small marks on my leg and so much itching and sometimes real pain. In London where I live is extremely bad water and my skin was always very dry. Also, I had a very bad experience with this strong water. A few years ago I have to call an emergency because 3 days I was in big pain and I thought I have an appendix. More like 6 doctors in the hospital can't find out what is a problem if even morphine didn't stop this horrible pain. It was nearly midnight when finding out that it's probably infection from water that I get using the bath. They didn't recommend me anymore drink water only filtered.

Yesterday after the shower I find out that my eczema disappeared 🙏🙏

Also, I lost again more weight what I really don't need because I have all my life 48-52kg but before I start using Clean slate I had 58,5kg and now I have 54kg. I can say also that my pneumatic around my belly how I call it 🙏 disappeared 🙏. My skin is so soft. I m 62 but I can say that I have less wrinkles like I had when I was younger and I am sure that I can thanks also for Clean slate because as Clayton said in one of his videos if we do detox more Water stay in our body. We know that reason why we have more wrinkles when we getting be old is that our bodies losing water.

So lady's isn't enough just spend so much money for expensive products get less wrinkles but drink a lot of "clean water " and use Clean slate for detox 🙏

Aisha Shahzad  
August 10 · 🌐

This is my testimony from 26.6. 🍀😊🍀

When I started using Clean slate drops for the first two days I had a headache, stomach, and nausea. Then he passed. I didn't notice any change, but after 4 days, my urine smelled very strong and I went to urinate more times than before. The second week I took the drops and noticed that I had lost 2-3kg and coughed less. The reason for the cough is that I am a strong smoker and I have been working with very strong cleaning products daily for 10 years and also with dust and mold. I use the product to cleanse my lungs of nicotine, dust, mold, which has accumulated over the years and causes a dry cough. It's true that I've only been using Root Clean slate drops for 2 weeks, but I feel like I have more energy, I can handle hard work better and breathe easier. When I pick up the first bottle I will buy again and share my experiences in the group. 🙏

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Dry and itchy skin

I used drops clean my body from toxins and heavy metals but they helped me heal also my eczema on my leg and I found out about that just yesterday. So happy for that!

Before After  
4 weeks

45 9 Comments

## ANSWER: Breast cancer

  Mieke Galiart-kwarten ► ROOT your life   
7 Jul · 

Clayton Diana has a client who wants to use the clean slate but has had hormonal breast cancer

Can this be done without danger

 Like  Comment

 5

 Clayton Thomas   
The body always wants to be healthy. No cause, no problem  
1 w Like Reply  1

 Clayton Thomas   
Was it hormonal or possibly toxins screwing up the endocrine system and not allowing tumor suppressor genes and her immune system to work properly that show in testing as a "diagnosis" as hormonal breast cancer.  
Remember mercury, cadmium, arsenic and others are hormone mimetic.  
1 w Like Reply    4

## ANSWER: Thyroid

 Marie Hampel  
June 18 · 

Hey everyone! Has anyone experiences with thyroid problems and clean slate (+zero in)? 😊

   Clayton Thomas, Matjaz Augus and 16 others 26 Comments

 Like  Comment

 Clayton Thomas   
Remove the primary cause of thyroid issues (mercury) and watch the beauty of the body take over. We all function better with a CleanSlate  
Like · Reply · 19w   6

 Clayton Thomas   
<https://symbiosisonlinepublishing.com/.../thyroid...>

 SYMBIOSISONLINEPUBLISHING.COM  
Pathophysiological Mechanisms of Mercury's Effect on Thyroid Gland  
Like · Reply · 19w   6

 Clayton Thomas   
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3637991/>

 NCBI.NLM.NIH.GOV  
Thyroid Hormones and Methylmercury Toxicity  
Like · Reply · 19w   6

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# ROOTS CLEAN SLATE / ZERO-IN™ and HEART RATE VARIABILITY



## variational Range of a Cardiac Cycle – ECG, Rhythmogram and the physiological systems

In the rhythmogram shown in Figures above, you can see that with a quickening of the heart rate, the curve of the rhythmogram goes down, and with a deceleration of the heart rate, it goes up. This is a consequence of the regulatory systems of the body effecting these changes. This way you can see the body responding to the needs of the organs and systems, and meeting those needs.

The diagram on the left shows a normal (low) HRV, whereas the diagram on the right – 45 min after fixing the **ROOTS CLEAN SLATE/ZERO-IN** – illustrates healthy HRV.

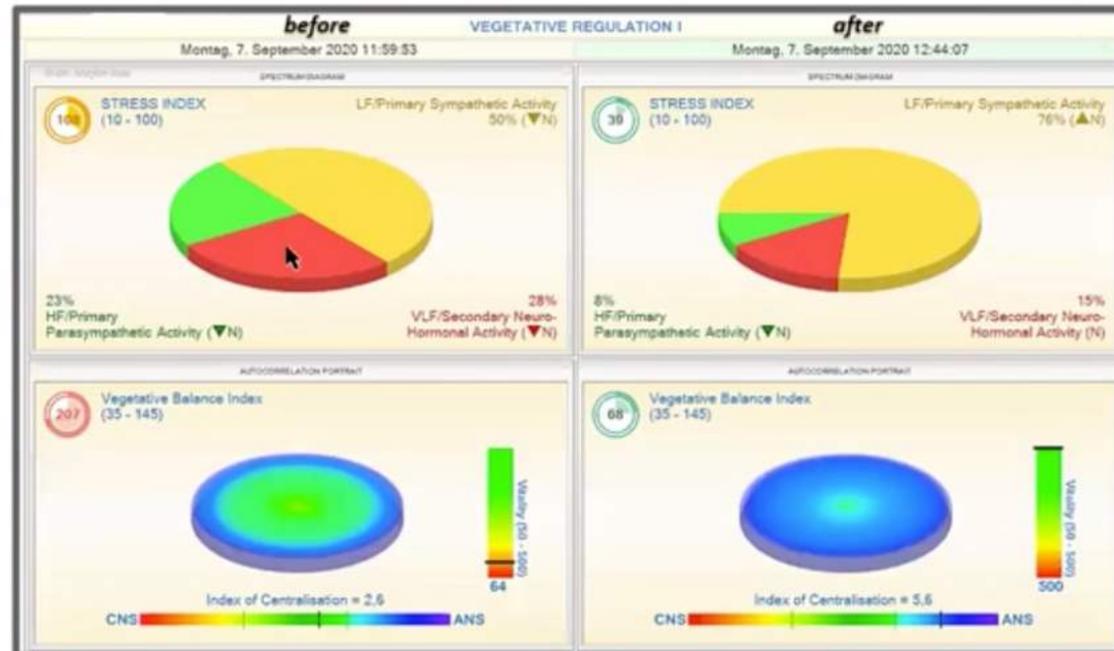
Above you can see five overview indices of the functional state of various physiological systems:

- |                             |                |
|-----------------------------|----------------|
| - Cardiovascular Adaptation | 49 % increased |
| - Vegetative Regulation     | 43 % increased |
| - Neurohormonal Regulation  | 55 % increased |
| - Psychoemotional State     | 54 % increased |
| - Health Index              | 50 % increased |

After taking **ROOTS CLEAN SLATE/ZERO-IN** ALL physiological systems increase to more than 50% after 45 min.



# ROOTS CLEAN SLATE / ZERO-IN™ and Vegetative Regulation III: Stressing



## Stressindex (SI)

The stressindex tells us how hard the Autonomic Nervous System has to maintain balance. If it is above the normal range, it is like driving a car with a thermostat; eventually the engine is going to heat up and seize.

**ROOTS CLEAN SLATE/ZERO-IN reduces stressindex**

## Vitality (Vital Force):

The index Vital Force tells us how much "fuel" the patient has in their system. If it is low, the use of gentle therapies or detoxification is indicated. The patient isn't pushed beyond his or her capacity to tolerate the treatment.

**ROOTS CLEAN SLATE/ZERO-IN increases Vitality!!!**

### Autonomic nervous system and stressindex

The pie chart presents the Vegetative Nervous System with its constituents Parasympathetic (green) and Sympathetic (yellow) activation as well as the level of Neurohormonal activity which ranges from the pituitary gland to the sexual organs and is represented by the Hypothalamus-Pituitary-Adrenal-Axis (HPA axis).

It is obviously to recognize that the assessment of the stress level in the initial test was taken with an index of 108 which for better orientation is given in yellow. This result of 108 since the index may range from 10 to 3.500 at its maximum. Yet the final test demonstrates that the ROOTS CLEAN SLATE/ZERO-IN had its influence on the stress signals. The stress level changed once in a positive direction and is assigned by a green index of 39 after 45 min of taking.

### Vital Force and Autocorrelation

If we analyze Vitality, it will measure high when a person's metabolic state is able to switch easily and frequently between anabolic and catabolic, based on the body's needs. The calculation called **Autocorrelation**. As you seen in the picture below the Autocorrelation depicts the balance between CNS (Central Nervous System) and VNS (Vegetative Nervous System). From these data the Vitality (i.e. Autocorrelation) is calculated. The first taking shows an increased value of the Index of Vegetative Balance of 207. The index should range from 35 to 145 as one can see in the picture. After taking ROOTS CLEAN SLATE/ZERO-IN the Index has declined to 68, which is a positive change to the person.

**Clayton Thomas**  
Moderator · March 13 · 🌐

How does CleanSlate affect your body? How quickly does it start working?

CleanSlate starts working immediately. Here is live blood analysis of a 38 year old smoker pre and 10 minutes later after 10 drops.

125  
84 Comments

**WORKING IMMEDIATELY – cells after 10 minutes**

**Clayton Thomas**  
Moderator · March 11 · 🌐

Want to see what CleanSlate does?

430% increase in mercury excretion in 7 days. 10 drops twice daily. No negative side affects.

TOXIC METALS PRE-PROVOC	TOXIC METALS POST-PROVOC
Mercury, Urine: 45, Range: 0 - 10 ug/g	Mercury, Urine: 45, Range: 0 - 10 ug/g
Lead, Urine: 19.3, Range: 0 - 100 ug/g	Lead, Urine: 15.1, Range: 0 - 100 ug/g
Cadmium, Urine: 45, Range: 0 - 4 ug/g	Cadmium, Urine: 45, Range: 0 - 4 ug/g
Vanadium, Urine: 45, Range: 0 - 10 ug/g	Vanadium, Urine: 45, Range: 0 - 10 ug/g
Copper, Urine: 45, Range: 0 - 2 ug/g	Copper, Urine: 45, Range: 0 - 2 ug/g
Iron, Urine: 2.2, Range: 0 - 10 ug/g	Iron, Urine: 2.3, Range: 0 - 10 ug/g
Chromium, Urine: 2.3, Range: 0 - 2.0 ug/g	Chromium, Urine: 2.3, Range: 0 - 2.0 ug/g
Manganese, Urine: 2.3, Range: 0 - 10 ug/g	Manganese, Urine: 2.3, Range: 0 - 10 ug/g
Aluminum, Urine: 45, Range: 0 - 7 ug/g	Aluminum, Urine: 45, Range: 0 - 7 ug/g
Strontium, Urine: 45, Range: 0 - 1.0 ug/g	Strontium, Urine: 45, Range: 0 - 1.0 ug/g
Selenium, Urine: 2.2, Range: 0 - 1 ug/g	Selenium, Urine: 2.3, Range: 0 - 1 ug/g
Barium, Urine: 227.7, Range: 0 - 1000 ug/g	Barium, Urine: 227.3, Range: 0 - 1000 ug/g
Lithium, Urine: 2.2, Range: 0 - 2.7 ug/g	Lithium, Urine: 2.2, Range: 0 - 2.7 ug/g
Silver, Urine: 45, Range: 0 - 0.5 ug/g	Silver, Urine: 45, Range: 0 - 0.5 ug/g
Gold, Urine: 45, Range: 0 - 10 ug/g	Gold, Urine: 45, Range: 0 - 10 ug/g
Platinum, Urine: 2.5, Range: 0 - 6 ug/g	Platinum, Urine: 2.9, Range: 0 - 6 ug/g
Antimony, Urine: 45, Range: 0 - 1.0 ug/g	Antimony, Urine: 45, Range: 0 - 1.0 ug/g
Thallium, Urine: 45, Range: 0 - 0.05 ug/g	Thallium, Urine: 45, Range: 0 - 0.05 ug/g

90  
50 Comments

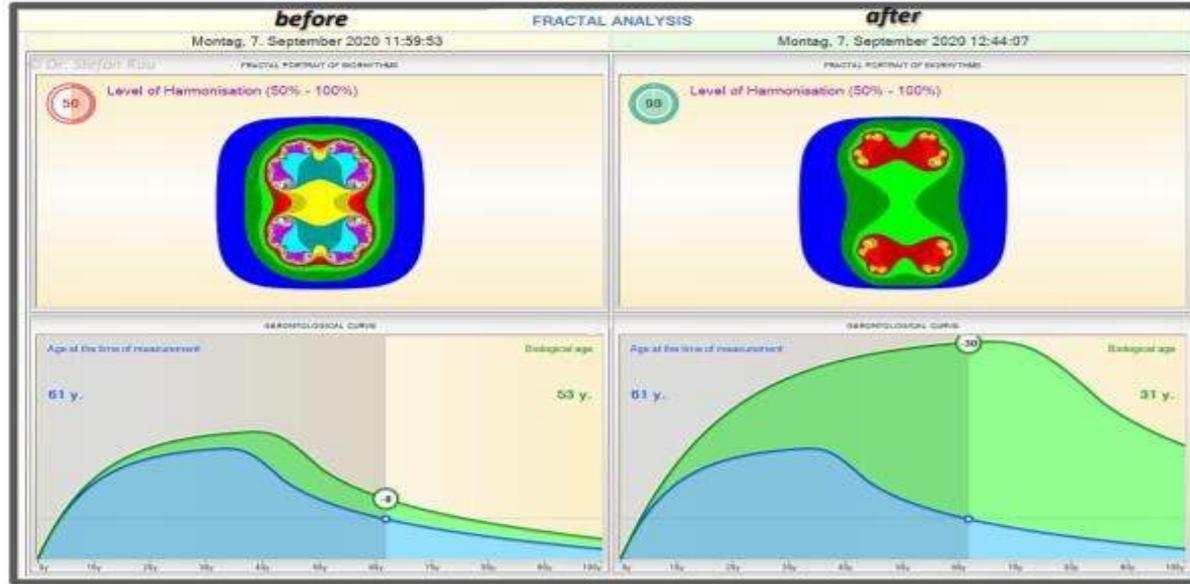
**URINE TEST – 430% increase in mercury excretion after 7 days of use.**

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# LABORATORY ANALYSIS



# ROOT CLEAN SLATE / ZERO-IN™ and Biological Age



## Fractal Portrait of the Biorhythms:

The Fractal Portrait shows “biorhythm coherence” as it correlates to downstream hormones, such as cortisol and melatonin, that influence circadian rhythms and other biorhythms.

**ROOT CLEAN SLATE/ZERO-IN harmonizes the biorhythm !!!**

## Biological Age:

This screen shows the client’s actual age and his or her “Biological” Age. When in robust health, a client’s biological age should be at or lower than his or her chronological age.

**ROOT CLEAN SLATE/ZERO-IN improves Biological Age !!!**

### Fractal Portrait of the biorhythms

The Fractal Analysis features the degree of harmony of biological rhythms. The results are given in per cent. (Fractals by themselves demonstrate the systematic order of the disorder in the body). Disruptions in adaptability and rhythmicity can be seen or caused by both emotional and social imbalances. In the initial measurement the test person’s Harmonisation Status reached to 50%. The final taking showed positive changes. The level of harmonisation of the biological rhythms increased to 99% by taking the **ROOTS CLEAN SLATE/ZERO-IN**.

### Biological Age

With increasing age, the regulatory capacity of our body diminishes and HRV decreases. At the time of our natural end of life, the HRV has also fallen to a minimum. For this reason, the HRV measurement allows conclusions about the biological age of our body. The 61-year-old test person has a biological age of 53 years in the initial measurement. In the final measurement the biological age was calculated to be 31 years, resulting in a biological rejuvenation of 22 years. This shows a breaking proof on the effects of the **ROOT CLEAN SLATE/ZERO-IN**.

Biological age BEFORE USE: actual age 61 years - biological age 53 years.  
Test after 45 minutes: biological age 31 years.  
Research findings by dr. Stephan Rau



# ISNS Case Studies

# Psoriasis (Adult) Case Study

By: Dr. Dori Naerbo, Ph.D.

**Patient:** Man

**Age:** 55-year-old

**Medications:** Methotrexate 15-20mg per week, numerous creams and ointment Rx and OTC.

**Proprietary Blend #1:** 10 drops diluted in one glass of water BID

**Result:** After 3 weeks, grey, scaly, inflammation, and blisters disappeared, leaving clear, smooth skin with slight discoloration due to previous damage. His regime now consists of only the Proprietary blend and moisturizer (sometimes inconsistent) and has continued to improve over four months, leading to significantly clearer skin.



## LEGEND:

**Proprietary blend 1:** silica, vitamin c and trace minerals.

**Proprietary blend 2:** n-acetyl L-tyrosine, anhydrous caffeine, L-theanine, velvet bean seed, pine bark, curcumin, and vitamin d.

**Proprietary blend 3:** black seed oil, resveratrol, turmeric, raspberry ketone, apple cider vinegar, aloe vera, and d-ribose.

# Detoxification & Immune Experience Case Study 1

By: Dr. Norbert Ketskés

**Patient:** Man

**Age:** 45-year-old

**Medications:** ramipril 5 mg, alprazolam 0.5 mg

**Proprietary Blend #3:** 1 sachet in the morning, 2 sachets a day for 7 days after 1 week, 1 sachet a day in the morning and afternoon, then 1 sachet a day

**Result:** after 10 days the extreme fatigue decreased, his mood improved, after 1 month the limb pains significantly decreased



## LEGEND:

**Proprietary blend 1:** silica, vitamin c and trace minerals.

**Proprietary blend 2:** n-acetyl L-tyrosine, anhydrous caffeine, L-theanine, velvet bean seed, pine bark, curcumin, and vitamin d.

**Proprietary blend 3:** black seed oil, resveratrol, turmeric, raspberry ketone, apple cider vinegar, aloe vera, and d-ribose.

# Detoxification & Immune Experience Case Study 2

By: Dr. Norbert Ketskés

**Patient:** Woman

**Age:** 35-years-old

**History:** 5 years autoimmune polyarthrititis, wavy, recurrent pain, weakness, and swollen joints

**Medications:** steroids, biological therapy

**Proprietary Blend #1:** 2x5 drops, morning and evening, for 3 days, then every 3 days then increased by 1-1 drops every 3 days to 2x10

**Proprietary Blend #3:** 1 in the morning for 10 days, then 1.5 daily,

**Result:** after 14 days the pain gradually decreased, the joint swelling decreased, the weakness disappeared, after 1 month the pain decreased by 90% Laboratory: CRP: 45 (mg / L), ASAT- 90 (U / L)



## LEGEND:

**Proprietary blend 1:** silica, vitamin c and trace minerals.

**Proprietary blend 2:** n-acetyl L-tyrosine, anhydrous caffeine, L-theanine, velvet bean seed, pine bark, curcumin, and vitamin d.

**Proprietary blend 3:** black seed oil, resveratrol, turmeric, raspberry ketone, apple cider vinegar, aloe vera, and d-ribose.

# Post Covid Syndrome (page 1 of 2) Case Study 1

By: Dr. Norbert Ketskés

**Patient:** Male

**Age:** 40-year-old

**History:** A 40-year-old male A 40-year-old male suffered from COVID infection in May this year. He is a professional athlete, non-smoker, and not obese. He experienced mild symptoms including fever, mild fatigue, and loss of taste and smell. After 2 weeks, these symptoms disappeared. His medication is Bisoprolol 5mg daily.

First consultation mid-October

- Symptoms: difficulty breathing with mild physical exertion, severe fatigue, dizziness, numbness in limbs, headache, sleep disturbance, "brain-fog", dull, difficult thinking, unable to train.
- Diagnostics (chest x-ray, ECG, cardiac ultrasound, laboratory tests)
- High pro-BNP 360pg/ml (normal up to 125) and higher liver enzyme levels: ASAT-105 (U/L) (range 0-50), ALAT-192, range (0-50)

(Treatment and Results on Next Slide)



## LEGEND:

**Proprietary blend 1:** silica, vitamin c and trace minerals.

**Proprietary blend 2:** n-acetyl L-tyrosine, anhydrous caffeine, L-theanine, velvet bean seed, pine bark, curcumin, and vitamin d.

**Proprietary blend 3:** black seed oil, resveratrol, turmeric, raspberry ketone, apple cider vinegar, aloe vera, and d-ribose.

# Post Covid Syndrome (page 2 of 2)

## Case Study

By: Dr. Norbert Ketskés

### Treatment/ Method:

Proprietary blend I : 2x5 drops, morning and evening, for 3 days, then every 3 days then increased by 1-1 drops every 3 days to 2x12

Proprietary blend II : 1 daily for 3 days, in the morning, then 2 daily, morning and afternoon,

Proprietary blend III :1 in the morning for 7 days, then 1.5 daily for 7 days, then 2, 1 in the morning and 1 in the evening

### Results:

- After 2 weeks, his fatigue and dyspnea decreased, and headaches stopped. His dizziness and limb numbness greatly reduced, and his thinking became clear.
- After 1 month his shortness of breath and dizziness had disappeared, and his fatigue was minimal. Limb numbness is only felt during heavy physical exertion. Sleep disturbance had also disappeared, and his thinking and concentration has improved.
- Liver enzyme values have normalized: ASAT-52 (U/L) (range 0-50), ALAT-50, range (0-50)
- The specific pro-BNP value has decreased from **360 to 170!**
- He was able to return to regular exercise



### LEGEND:

**Proprietary blend 1:** silica, vitamin c and trace minerals.

**Proprietary blend 2:** n-acetyl L-tyrosine, anhydrous caffeine, L-theanine, velvet bean seed, pine bark, curcumin, and vitamin d.

**Proprietary blend 3:** black seed oil, resveratrol, turmeric, raspberry ketone, apple cider vinegar, aloe vera, and d-ribose.

# Post Covid Syndrome **Live Blood Analysis** Case Study 2

By: Dr. Norbert Ketskés

**Patient:** Female

**Age:** 36-year-old

**History:** A 36-year-old female, (she received her second Pfizer vaccination in August) suffered from COVID infection October 2021. She is a professional athlete, non-smoker, and not obese. She experienced severe symptoms including high fever, severe fatigue, severe cough, dyspnoea, and loss of taste and smell. Her medication was Covid protocol in Hungary (Favipiravir, aspirin, Azithromycin, LMWH, Vitamin D3, Vitamin C)

First consultation was 2 weeks after acute infection and after 2 negative PCR test.

- Symptoms: difficulty breathing with severe physical exertion, severe fatigue, dizziness, numbness in limbs, headache, mild cough, difficulty thinking, unable to train.
- Diagnostics (chest x-ray, ECG, cardiac ultrasound, laboratory tests)
- Pulsoxymeter: 89% (normal up to 95%) High pro-BNP 285 pg/ml (normal up to 125) and high inflammatory parameter (CRP: 205 mg/l, normal up to 5,0) and higher liver enzyme levels: ASAT-115 (U/L) (range 0-50), ALAT-182, range (0-50)

(Treatment and Results on Next Slide)



## **LEGEND:**

**Proprietary blend 1:** silica, vitamin c and trace minerals.

**Proprietary blend 2:** n-acetyl L-tyrosine, anhydrous caffeine, L-theanine, velvet bean seed, pine bark, curcumin, and vitamin d.

**Proprietary blend 3:** black seed oil, resveratrol, turmeric, raspberry ketone, apple cider vinegar, aloe vera, and d-ribose.

# Post Covid Syndrome **Live Blood Analysis** Case Study 2

By: Dr. Norbert Ketskés

## **Treatment/ Method:**

Proprietary blend I : 2x6 drops, morning and evening, for 2 days, then every 2 days then increased by 1-1 drops to 2x10.

Proprietary blend II : 1 daily for 3 days, in the morning, then 2 daily, morning and afternoon for 3 days, then 3 daily, 2 in the morning and 1 afternoon.

Proprietary blend III :1 in the morning for 3 days, then 1.5 daily for 3 days, then 2, 1 in the morning and 1 in the evening.

## **Results:**

- After 2 weeks: her breathing improved, her tiredness and cough decreased, her headache disappeared, and her concentration improved.
- CRP: from 205 to 100mg/l, Pulsox.: from 88 to 94%,
- After 1 month: her breathing returned to normal, her tiredness and cough disappeared, her concentration further improved.
- Liver enzyme values have normalized: ASAT-48 (U/L) (range 0-50), ALAT-53, range (0-50)
- The specific **pro-BNP value has decreased from 285 to 150!**
- CRP: from **100 to 10mg/l**, Pulsox.: from 94-98%,
- She was able to return to regular life



## **LEGEND:**

**Proprietary blend 1:** silica, vitamin c and trace minerals.

**Proprietary blend 2:** n-acetyl L-tyrosine, anhydrous caffeine, L-theanine, velvet bean seed, pine bark, curcumin, and vitamin d.

**Proprietary blend 3:** black seed oil, resveratrol, turmeric, raspberry ketone, apple cider vinegar, aloe vera, and d-ribose.

# ISNS CASE STUDY 2: Post-COVID Syndrome with Live Blood Analysis



**Patient:** Female

**Age:** 36-year-old

**History:** A 36-year-old female, (she received her second Pfizer vaccination in August) suffered from COVID infection October 2021. She is a professional athlete, non-smoker, and not obese. She experienced severe symptoms including high fever, severe fatigue, severe cough, dyspnoea, and loss of taste and smell. Her medication was Covid protocol in Hungary (Favipiravir, aspirin, Azithromycin, LMWH, Vitamin D3, Vitamin C)

First consultation was 2 weeks after acute infection and after 2 negative PCR test.

- Symptoms: difficulty breathing with severe physical exertion, severe fatigue, dizziness, numbness in limbs, headache, mild cough, difficulty thinking, unable to train.
- Diagnostics (chest x-ray, ECG, cardiac ultrasound, laboratory tests)
- Pulsoxymeter: 89% (normal up to 95%) High pro-BNP 285 pg/ml (normal up to 125) and high inflammatory parameter (CRP: 205 mg/l, normal up to 5,0) and higher liver enzyme levels: ASAT-115 (U/L) (range 0-50), ALAT-182, range (0-50)

# ISNS CASE STUDY 2: Post-COVID Syndrome with Live Blood Analysis



## Treatment/ Method:

Proprietary blend I : 2x6 drops, morning and evening, for 2 days, then every 2 days then increased by 1-1 drops to 2x10.

Proprietary blend II : 1 daily for 3 days, in the morning, then 2 daily, morning and afternoon for 3 days, then 3 daily, 2 in the morning and 1 afternoon.

Proprietary blend III :1 in the morning for 3 days, then 1.5 daily for 3 days, then 2, 1 in the morning and 1 in the evening.

## Results:

- After 2 weeks: her breathing improved, her tiredness and cough decreased, her headache disappeared, and her concentration improved.
- CRP: from 205 to 100mg/l, Pulsox.: from 88 to 94%,
- After 1 month: her breathing returned to normal, her tiredness and cough disappeared, her concentration further improved.
- Liver enzyme values have normalized: ASAT-48 (U/L) (range 0-50), ALAT-53, range (0-50)
- The specific **pro-BNP value has decreased from 285 to 150!**
- CRP: from **100 to 10mg/l**, Pulsox.: from 94-98%,
- She was able to return to regular life

# ISNS Paediatric Asthma Case Study

By: Dr. Tina Božičnik

Patient: Female

Age: 7-year-old

History: A 7-year-old female with asthma on regular Ventolin and Flixotide 125 mcg treatment experienced worsening of her condition.

Treatment/ Method: She went through an integrative medicine protocol for gut health which included Silica in Proprietary formula starting 2 drops in the morning and 2 at night. Increasing the dose for 1 drop weekly. After 2 weeks she started having episodes of mucus discharge from her nose during the day and some mucus in her stools, otherwise of normal consistency. After the increase of the dose to 3 drops, twice daily, she started experiencing severe mucus expectoration, especially during the night. Those episodes lasted a week, but during this phase she reported her breathing was easier and she was actually feeling relief after the episodes of cough.

Results: The parents were advised to stay on the dose she was on or lower if the coughs would get worse during the night, because of the importance of a good quality sleep. She remained on 3 drops BID and her stools got normal in the matter of two days. After the stools normalised, the cough episodes during the night stopped completely. She started sleeping better they reported no wheezing., even during the day. In the course of next 2 months, she started sleeping even better, her overall performance increased, she didn't need to use any Ventolin; in addition, her pulmonologist lowered the dose of inhaled corticosteroids to minimum and in 6-months from the start of the treatment she came off Flixotide completely.



## LEGEND:

**Proprietary blend 1:** silica, vitamin c and trace minerals.

**Proprietary blend 2:** n-acetyl L-tyrosine, anhydrous caffeine, L-theanine, velvet bean seed, pine bark, curcumin, and vitamin d.

**Proprietary blend 3:** black seed oil, resveratrol, turmeric, raspberry ketone, apple cider vinegar, aloe vera, and d-ribose.

# Depression with Schizoaffective Disorder Case Study

By: Dr. Tina Božičnik

**Patient:** Female

**Age:** 68-year-old

**History:** A 68-year-old female with a history of severe Schizoaffective disorder with severe depression since 1996. Her symptoms included lack of motivation, almost non active during the day, immersed into her own thoughts, and experienced fears. She was on antidepressants and experienced severe extrapyramidal side effects; therefore, she was on Biperiden (Akinetone), Risperidone (Risset) and Paroxetine tablets. She had marked signs of insulin resistance. Her family reported severe problems with the ability to focus, deepening depression up to the point where she stopped eating and needed to be hospitalized for I.V. fluids several times in 2 consecutive years. Her past medical history showed no significant reports.

**Treatment/ Method:** She began on 10 drops of Proprietary blend 1 and 1 capsule Proprietary blend 2 B.I.D. After seeing some improvements in her symptoms, she then increased to Proprietary blend 2, 2-3 times a day



## LEGEND:

**Proprietary blend 1:** silica, vitamin c and trace minerals.

**Proprietary blend 2:** n-acetyl L-tyrosine, anhydrous caffeine, L-theanine, velvet bean seed, pine bark, curcumin, and vitamin d.

**Proprietary blend 3:** black seed oil, resveratrol, turmeric, raspberry ketone, apple cider vinegar, aloe vera, and d-ribose.

# ISNS CASE STUDY: Post-COVID Syndrome



**Patient:** Male

**Age:** 40-year-old

**History:** A 40-year-old male A 40-year-old male suffered from COVID infection in May this year. He is a regular sportsman, non-smoker, and not obese. He experienced mild symptoms including fever, mild fatigue, and loss of taste and smell. After 2 weeks, these symptoms disappeared. His medication is Bisoprolol 5mg daily.

First consultation was middle of October

- Symptoms: difficulty breathing with mild physical exertion, severe fatigue, dizziness, numbness in limbs, headache, sleep disturbance, "brain-fog", dull, difficult thinking, unable to do sports because she could not do sports.
- Diagnostics (chest x-ray, ECG, cardiac ultrasound, laboratory tests)
- High pro-BNP 360pg/ml (normal up to 125) and higher liver enzyme levels: ASAT-105 (U/L) (range 0-50), ALAT-192, range (0-50)

(Treatment and Results on Next Slide)

# ISNS CASE STUDY: Post-COVID Syndrome



## Treatment/ Method:

Proprietary blend III :1 in the morning for 7 days, then 1.5 daily for 7 days, then 2, 1 in the morning and 1 in the evening

Proprietary blend II : 1 daily for 3 days, in the morning, then 2 daily, morning and afternoon,

Proprietary blend I : 2x5 drops, morning and evening, for 3 days, then every 3 days then increased by 1-1 drops every 3 days to 2x12

## Results:

- After 2 weeks, his fatigue and dyspnea decreased, and his headaches stopped. His dizziness and limb numbness greatly reduced and his thinking became fresher.
- After 1 month his shortness of breath and dizziness had disappeared, and his fatigue was minimal. Limb numbness is only felt during heavy physical exertion. Sleep disturbance had also disappeared, and his thinking and concentration have improved.
- Liver enzyme values have normalized: ASAT-52 (U/L) (range 0-50), ALAT-50, range (0-50)
- The specific pro-BNP value has decreased from 360 to 170!
- He was able to return to regular exercise

## More information

This explains all 5 products:

<https://www.youtube.com/watch?v=znKPd-o5iBg>

This explains the quantum aspects:

<https://www.youtube.com/watch?v=cx8IqXoiXc&t=1677s>

Reverse Biological Age, Trinity Clinical Outcomes Analysis:

<https://www.youtube.com/watch?v=foMydu7wzNE&t=568s>

**Ready to get started on your heavy metals detox journey?**

**[Click here to get Clean Slate & Zero-In!](#)**